

**Dated: 15<sup>th</sup> January, 2022**

**Guidelines for Online Conduction of Practical (Learner) in BA General Programme with Psychology; Ist and IVth Semester (BPCC 131 and BPCC 134)**

Dear Learner,

The present guidelines are for the online conduction of practical in BA General Programme with Psychology Courses. As you are aware that there are two Core Courses (CC), BPCC 131 and BPCC 134 with the compulsory Practical component of 02 Credits. BPCC 131 is offered in Ist Semester and BPCC 134 is offered in IVth Semester. The present guidelines will be implemented for those learners who will be writing their **Term End Examination in December 2021 and June 2022 (BAG July 2019/ January 2020/ July 2020 admission cycle)**.

The table below gives you a clarification with regard to admission cycle, course code, semester and term end examination.

<b>Admission Cycle</b>	<b>Course Code</b>	<b>Semester</b>	<b>Term End Examination</b>
July 2019	BPCC 131	Ist (July 2019)	December 2021/ June 2022
	BPCC 134	IVth (January 2021)	December 2021/ June 2022
January 2020	BPCC 131	Ist (January 2020)	December 2021/ June 2022
	BPCC 134	IVth (July 2021)	December 2021/June 2022
July 2020	BPCC 131	Ist (July 2020)	December 2021/ June 2022
	BPCC 134	IVth (January 2022)	June 2022
January 2021	BPCC 131	Ist (January 2021)	December 2021/ June 2022

You must have received the self-learning material (SLM) by now (BPCC 131 and BPCC 134); if not then you may access the softcopy from [eGyanKosh: Psychology](#). **It is important to read SLM carefully, where the guidelines to the practical component are mentioned.** This is important to develop an overview about psychological testing and experiments. Since lab work is not possible in the present pandemic crisis (COVID-19), the Discipline of Psychology has outlined different activities/tests to be completed as part of online conduction of practical. The activities/test have been given in a simple and self-explanatory manner, though they may be completed under the guidance of an academic counsellor from your allotted learner Support Centre.

- **Test:** You will be administering the test on self, family member, or an acquaintance. A thorough understanding of the test, test history, any theory/framework that it is based upon, as well as the construct that it is assessing should be known to you. The psychological test has to be conducted under the guidance of an academic counsellor.

In the present situation, you need to inform your academic counsellor about the tests that you will be administering. The links for the tests have been provided from open education resources (the tests are primarily meant to create awareness and are meant for educational purpose only).

- Activity: In this format, an article link or a video link related to activity will be provided to you which will be followed by the instructions to complete the task. **Do not copy** content verbatim from any offline or online resources. Write the content in your own words.
- There will be one/two online sessions for the Practical component. Each session will be of two- or three-hours duration (as per the University Guidelines) where the academic counselor will explain the tests/activities mentioned below. Attendance to the online sessions is **mandatory**.
- You need to prepare a document (report) of approximately 02- to 04 pages that will include all the activities which will be evaluated by the academic counsellor.
- The evaluation methodology and details of Term End Examination (Viva-voce) is also mentioned in the guidelines for your reference.
- Please me

Please read the activities/ tests as outlined for each course. For any queries, please write to us at [monikamisra@ignou.ac.in](mailto:monikamisra@ignou.ac.in)/[smitagupta@ignou.ac.in](mailto:smitagupta@ignou.ac.in)

All the best,  
Faculty, Discipline of Psychology

### **BPCC 131 Foundations of Psychology\***

#### **1. Cattell's 16 P.F**

<https://openpsychometrics.org/tests/16PF.php>

The above link is related to the Personality test based on Raymond B. Cattell's personality theory. The test is for educational purpose and to learn about personality assessment. The test will be administered first on self and then on one of the family members/acquaintance/friends/neighbor/colleagues. Self-administration is for your practice and to get acquainted with the test. While administering on self, you need to read the instructions carefully as mentioned in the test. When you administer the test on someone else, remember first to establish rapport and communicate that the responses will be kept confidential. Instruction will be given to the participant as mentioned in the test. The scores will be interpreted as per the norms indicated against the test.

Once the test is completed, you need to prepare a report based on the test administration. The report needs to be typed in word document. The test administered needs to be enclosed in the document. Follow the format for report preparation as has been mentioned in the Handbook. You may adapt to the present context wherever it is required, but overall refer to the format as given in the Block-5 of the SLM (sequence to be followed).

## 2. Operant Conditioning

Watch the video on the link [Operant conditioning - YouTube](#) (B. F. Skinner Foundation). The video explains the process of operant conditioning. After watching the video, answer the following:

1. What is operant conditioning?
2. According to Skinner, how is behaviour motivated?
3. Identify the things that you have learned with the process of operant conditioning.
4. Explain the schedule of reinforcement responsible for pathological gambling.
5. What is Skinner's view on 'free will'?

**Note:** All the above tests/activities need to be reported in a file (typed in word document/ or handwritten) with Course Code, Enrolment No., name of learner support centre, and Table of Contents mentioning the page numbers. Write a separate section on 'Reference' if you have referred to extra reference material (both online and offline) for the activities/tests. This can be a section after each activity or you may also combine all the references and mention it in the end of the file. The references will be written in APA format (7<sup>th</sup> Ed.).

**\*Course Coordinator: Dr Monika Misra**

## **BPCC 134 Research and Statistics in Psychology\***

### **Activity 1**

Collect data from 30 employed individuals by asking them their present age and their present work experience (number of years). Compute mean, median, mode and standard deviation for age and total work experience in years. Compute Spearman's rho to find out correlation between the present age of the individuals and their total work experience in years. Ensure that you tabulate the raw data and show the calculations with the help of formulae discussed in the course material of BPCC134.

### **Activity 2**

Take any one unit of your choice from BPCC104 and write a review of the same in about 1000 words. The review needs to be in your own words and should cover the important aspects of the unit.

### **Activity 3**

Identify a psychological test for either Interest, Aptitude or Attitude and provide its description in 500 words. The name of the author needs to be mentioned along with details of the test, number of items, dimensions, psychometric properties, etc. Provide references in APA format.

**Note:** All the above activities need to be reported in a file (typed in word document/ or handwritten) with Course Code, Enrolment No., name of learner support centre, and Table of Contents mentioning the page numbers. Write a separate section on 'Reference' if you have referred to extra reference material (both online and offline) for the activities/tests. This can be a section after each activity or you may also combine all the references and mention it in the end of the file. The references will be written in APA format (7<sup>th</sup> Ed.).

**\*Course Coordinator: Prof Suhas Shetgovekar**

**Guidelines for Evaluation of Practical (Online) in BA General Programme with Psychology; Ist and IVth Semester (BPCC 131 and BPCC 134)**

**Evaluation:** The evaluation of the practical course will involve both internal as well as external evaluation that carries 100 marks (refer the table below). The internal evaluation by the academic counsellor will be of 50 marks (based on the practical report, organized way of presenting the content, and overall understanding of the test/activity as reflected in the report). The External evaluation will further consist of 50 marks and will be based on the viva-voce conducted by the External Examiner as a Term End Examination.

<b>Internal Evaluation</b>		<b>External Evaluation (Term End Examination)</b>	
Component	Marks	Component	Marks
Presentation of content and overall Practical Report	50	Viva Voce	50
<b>Total</b>	<b>50</b>		<b>50</b>

**Note: Separate exam form needs to be filled for the term end examination of practical component. The pass percentage is 35% (consolidated).**